



## **Receive a 15% Discount on Facilitation and Speaking Services**

### **HIGH ENERGY. PRACTICAL. ACTIONABLE**

Jolene Watson is a high-energy speaker and well-known as Canada's Networking Expert™. She makes learning fun, insightful, and unforgettable. As President of Clarity Coaching & Development, she is a Certified Myers-Briggs® Practitioner, Dignity Inc. Emotional Regulation Practitioner, Executive Business Coach, Emotions-Centered Coach, and best-selling author. She is honored to have won eight Saskatchewan Business Excellence Awards in the categories of Entrepreneurship, Customer Service Excellence, Resilience, Growth & Expansion, and Pursuit of Excellence.

Her sessions focus on effective problem solving, confident and charismatic communication, and intentional relationship building to build stronger leaders and more connected, high performing teams.

### **SPEAKING TOPICS:**

1. Creating Connections: Networking Skills & Body Language
2. No Thank You, Forever®: Emotional Regulation & Setting Boundaries
3. Resiliency in the Workplace: Stress Management Personality Insights
4. Charismatic Leadership: Employee Retention & Attraction
5. Customer Service Excellence: Refresh Skills & Strengthen Loyalty

### **WORKSHOP TOPICS:**

1. Myers-Briggs® Communication Styles and Stress Management
2. Work Personality Index® Leadership Development
3. Emotional Regulation in the Workplace: Respond, Don't React
4. Creating Your Vision with Clarity: Corporate Vision Boarding

The 15% discount applies to facilitation and speaking fees only and does not apply to workshop materials (personality reports, card decks, books etc.)

### **CONTACT INFORMATION:**

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Emotional Regulation Workshops: <https://www.joleneWatson.com/emotional-regulation>

Team Building Workshops / Retreats: <https://www.joleneWatson.com/team-building>

Professional Speaking Topics: <https://www.joleneWatson.com/professional-speaking>